

TWU Local 100 and MTA NYCTA have partnered to Launch a Comprehensive Health Awareness and Prevention Initiative

**TWU Local 100-MTA
NYC Transit Health Fair**

When: Friday November 13, 2015

**Where: 207th Street Yard/Maintenance
Facility/Overhaul Shop Metro Station
and Building — Inwood
3961 10th Avenue (at Isham St)
New York, NY 10034**



TWU Local 100 and MTA NYC Transit have partnered to offer you a series of events for transit workers and their families focused on your long term health needs.

The programs will include awareness seminars, screenings and “how to” classes on healthy cooking and eating, First Aid, exercise equipment demos, and much more.

Doctors from Mount Sinai as well as Reps from your dental and vision plans will do screenings on blood pressure, cholesterol, blood glucose, vision testing, oral cancer check and much more. Also, representatives from Health Carriers Empire and UHC will be on hand to answer questions about your benefits.

**All testing is confidential.*

Your Health Matters Most



**Lots of stuff to do, and lots of cool giveaways. Best part, it's all FREE.
So is the food and drinks.**

The Union and MTA NYC Transit are also planning a series of Health Care “Lunch and Learns” at worksites in Manhattan, Brooklyn, Queens and the Bronx.

More info will be forthcoming on the union website: www.twulocal100.org

