

HEALTH FAIR

Thursday, May 12, 2022

11:00 a.m. – 3:00 p.m.

Kingsbridge Bus Depot

4065 10th Ave, New York, NY 10034

MTA NYC Transit and TWU Local 100 are launching a comprehensive health and wellness initiative. Join us and meet your providers and get help reaching your health and wellness goals.



Vision Health: GVS
Virtual Wellness: Grokker Health
Financial Wellness: Prudential (401K & 457)
New York's 529 Savings Program

Dental Health: HealthPlex
Engagement and Fitness
NY MCU (Municipal Credit Union)
Aetna Medical



- Nutrition stations, chair yoga, reiki, hand grip, massage, sea salt hand scrub and reflexology
- Focus on renewal and recommitment to well-being in daily living
- GVS Mobile Truck is back!

Great information and lots of giveaways – including lunch!