

# HEALTH FAIR

Thursday, February 13, 2025

11:00 a.m. – 3:00 p.m.

Coney Island Yard

2556 McDonald Ave., Brooklyn NY

**MTA NYC Transit and TWU Local 100 are launching a comprehensive health and wellness initiative. Join us and meet your providers and get help reaching your health and wellness goals.**



**Vision Health: GVS**  
**Medical Carrier: Aetna**  
**Financial Wellness: MCU & Empower (401K/457)**

**Dental Health: EmblemHealth**  
**Engagement and Fitness**  
**Relaxation Techniques**  
**Nutrition and Healthy Recipes**  
**Biometric Screening & Hands-Only CPR**



- Nutrition stations, relaxation pods, hand grip, massage, and reflexology, sea salt hand scrub, parafin hand wax, and more.
- Focus on renewal and recommitment to well-being in daily living.
- GVS Mobile Truck is back!

**Great information and lots of giveaways – including lunch!**