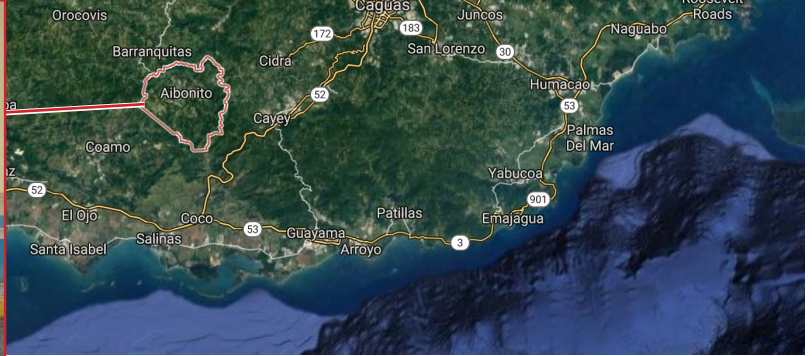


TWU LOCAL 100'S DISASTER RELIEF

Team Up for Medical Mission to Puerto Rico's Hardest Hit Areas



We Helped Many in Aibonito: Your Donations Made This Possible

Aibonito is a small mountain municipality in Puerto Rico. Its name was derived from an Indian word, "Jatibonucu" which literally means "Great People of the Sacred High Waters". Now, it is a community still trying to recover from the devastation of Hurricane Maria. From January 21 through the 25th, a TWU team was on the ground, assisting New York State nurses.

Here's what we accomplished:

1/22/18 San Luis Clinic site: Patients assessed: 35

Summary of Patients: Chronic conditions, primarily hypertension and type 2 diabetes. One home-bound patient was assessed and found to have a level of acuity out of our scope of practice. Her primary care physician was contacted and an appt. set up for the following day.

1/23/18 Las Cuadritas Clinic Site: Patients assessed: 38

Summary of Patients: Chronic conditions assessed. Some patients needed prescription Refills. Patients with uncontrolled blood sugars, out of the therapeutic range were assessed. Some dosages for their DM meds were adjusted.

1/24/18 Barrio Caonillos Clinic Site: Patients assessed: 50

Summary of Patients: Chronic conditions assessed. Some patients needed prescription refills. Polypharmacy encountered broadly in the patient population. A couple of patients needed adjustment of their Diabetes medication.

1/25/18 La Marina Clinic Site: Patients assessed: 36

Summary of Patients: This community seem tight knit and well supported by one another, despite the conditions.

1/26/18 Barrio Gatos (Orocovis) Patients assessed: 33

Summary of Patients: Patients in this area in general presented with higher acuity chief complaints. Patients referred difficulty receiving quality care from their primary care providers, some patients having suffered with the same chronic problems for an extended time period, such as urinary tract infections. There seemed to be a higher level of depression in this community.



A lot of patients referred difficulty sleeping and excess anxiety. Several patients in this community needed advocacy for FEMA assistance. Some patients did not have medical insurance. Several of them said that they had to move to the US and were only back to try and deal with their homes. One patient referred sleeping in her home that did not have a roof and continuously being exposed to the elements.

Several patients referred hearing problems that had not been diagnosed and need follow up with audiology. Several patients came in for first aid and wounds were cleaned and bandaged. Patients were happy to have us there and grateful to receive OTC medications for various ailments. Multiple healthy children were assessed for their school physicals.

**We can and should do more. Please give to the TWU Local 100 Puerto Rico Relief Fund.
Visit our website and go to this link:**

<http://www.twulocal100.org/story/pr-relief>

