

**THERE'S EVEN MORE! GUEST SPEAKER QUEEN AFUA  
BEST SELLING AUTHOR, HOLISTIC HEALER**



**At Our New Union Hall • 195 Montague Street • 3rd Fl.  
In Brooklyn • Sat. Nov 23 • 10AM — 5PM**

## **A TWU Fair for Members & Families: Holistic Health & Wellness at Work**

Worker's Comp and the Transit Worker • Navigating Health Benefits & Member Services • MTA/NYCTA Employee Benefits • Health Screenings • WTC Health Program • Meditation Workshop  
Dental Care Reps • Empire Blue Shield/Blue Cross & United Health Care Reps • New York Sports Club Offers • Gym Memberships

**Special Guest: St. Lukes/Roosevelt Cardiology  
Coordinator Sarah Parton on Heart Health**

**Our Keynote Speaker: Dr. B. Aiken on Diabetes**

*Breakfast & Lunch Will be Served.  
Free Screenings for Health Conditions.*

*Give-Aways & Refreshments*

*Start the New Year With a  
New, Healthy Outlook!*



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